



SPA MENU



VERGENOEGD
LÖW | *Since 1696*

ABOUT OUR SPA

The Spa at Vergenoegd Löw is situated within beautifully restored heritage buildings overlooking the tranquil gardens of the estate.

Our treatment menu has been carefully curated to promote relaxation, restore balance and provide a peaceful wellness experience inspired by nature.

All massages, facials and spa packages may be booked as individual treatments or as couple treatments.



MASSAGE TREATMENTS

We offer both Swedish and deep-tissue massages. Our therapists tailor each treatment to your needs and preferences. Please let your therapist know which areas you would like them to focus on and whether you prefer light, medium or firm pressure.

Gables Massage

60 Minutes: R1 100 | 90 Minutes: R 1 400

Inspired by the estate's distinctive holbol gables, this full-body massage is designed to relieve muscular tension, support circulation and promote deep relaxation.

Eersterivier Hot Stone Massage

60 Minutes: R1 200 | 90 Minutes: R 1 400

Just as the life-giving river energises the land, this hot-stone full-body massage is designed to support circulation, ease muscular tension and reduce stress.

Eikenbosch Aromatherapy Massage

60 Minutes: R1 200 | 90 Minutes: R 1 400

Inspired by the estate's oak trees, this sensory full-body massage uses essential oils to leave the body relaxed and the senses renewed.

Six Generations Pregnancy Massage

60 Minutes: R1 200

A nurturing full-body massage for expectant mothers, designed to ease common muscular discomfort and provide a calm, restorative experience.

Vergenoegd Löw Signature Massage

120 Minutes: R2 200

Our most luxurious massage experience begins with a full-body massage using a choice of pre-blended soothing oils to encourage deep relaxation and relieve muscle tension. This is followed by a facial and scalp massage and a full-body salt scrub, leaving you relaxed and restored.

FACIAL TREATMENTS

Enjoy a complimentary hand or foot massage with any facial treatment.

Hydrating Aromatic Facial

60 Minutes: R1 200

A deep-cleansing facial for dry and dehydrated skin, designed to restore moisture and leave the complexion feeling fresh, calm and replenished.

De Vos Anti-Ageing Facial

80 Minutes: R1 400

An advanced, restorative facial featuring an alginate mask, with a focus on hydration, renewal and the visible signs of ageing.

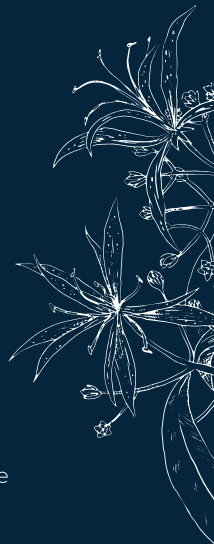
Vitamin C Brightening Facial

80 Minutes: R1 400

Revive dull, tired skin with our luxurious Vitamin C Brightening Facial. This treatment deeply cleanses, exfoliates and nourishes the skin while helping to reduce the appearance of pigmentation, even the skin tone and restore a healthy, radiant glow. The complexion is left refreshed, hydrated and beautifully renewed.



SPA TREATMENTS



Vrijburger Package

150 Minutes: R2 500

A holistic spa journey designed for complete relaxation. This package includes a 60-minute full-body massage, an express facial and your choice of either a luxury manicure or a luxury pedicure.

Tranquility Milk Bath Experience

75 Minutes: R1 450

Immerse yourself in a restorative milk-bath ritual designed to rejuvenate and hydrate the skin. A relaxing back massage and salt scrub are followed by a moisturising back treatment. The experience concludes with a milk bath, snack platter and a glass of MCC or a non-alcoholic alternative. This treatment may be booked individually or as a couple treatment.

Inner Calm Package

120 Minutes: R2 000

Choose between a hot stone or aromatherapy massage, followed by a 30-minute express facial. A calming milk bath, snack platter and a glass of bubbly or a non-alcoholic alternative complete the experience.

Appel Gents Package

120 Minutes: R1 800

Designed with gentlemen in mind, this package includes a 45-minute back, neck and shoulder massage, followed by a luxury spa pedicure with a foot massage and Medi-Heel treatment to soften and revive tired feet. A refreshing drink completes the experience.

Nurture by Nature Package

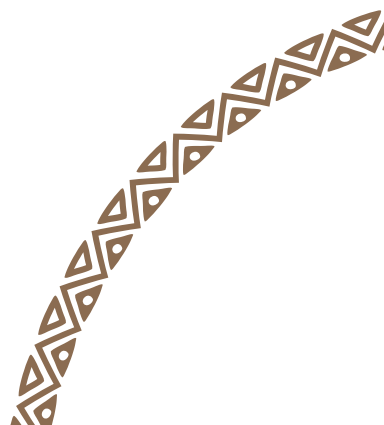
120 Minutes: R2 300

A restorative African-inspired body experience beginning with a full-body massage, followed by the application of a mud-clay body wrap. While cocooned, enjoy a relaxing scalp massage. The treatment concludes with a salt scrub and warm shower.

ADD-ON TREATMENTS

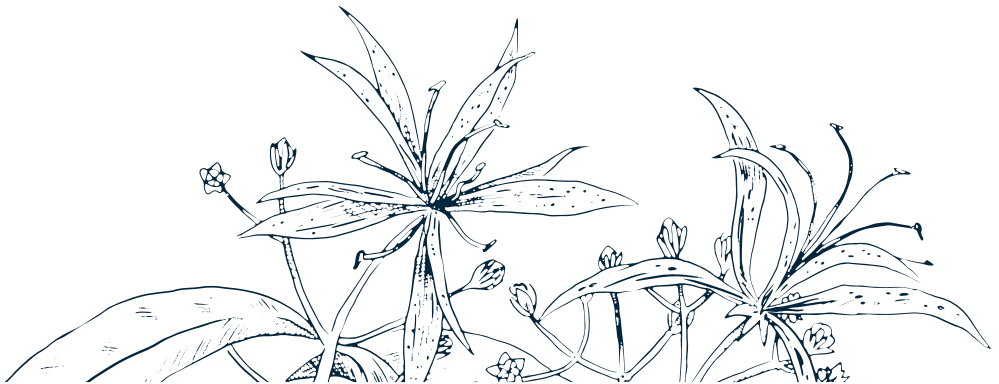
Complete your spa experience with one or more finishing treatments. These may be added to a spa package or booked as individual treatments.

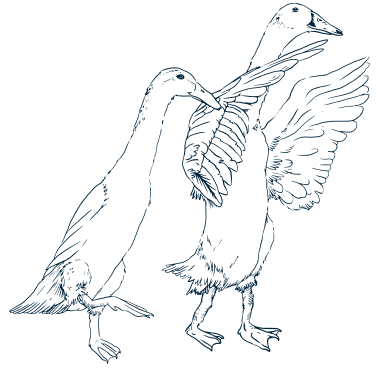
- 45-minute Head and Scalp Treatment (including scalp massage) | **R800**
- 45-minute Massage | **R700**
- 30-minute Express Facial | **R700**
- Luxury Spa Manicure or Pedicure | **R600**
- Luxury Spa Manicure or Pedicure with Gel | **R800**
- Paraffin Hand or Foot Dip | **R200**
- Mini Manicure or Pedicure | **R600**
- Mini Manicure or Pedicure with Gel | **R700**
- Medi-Heel Treatment (for severely dry or cracked heels) | **R200**
- Gel Soak-Off | **R200**
- Lash Tint or Brow Tint | **R200**
- Lip, Brow or Chin Wax | **R200**
- Underarm Wax | **R300**
- Standard Bikini Wax | **R500**
- Brazilian Wax | **R600**
- Half-Leg Wax | **R500**
- Full-Leg Wax | **R600**
- Full-Body Exfoliation | **R500**



PLEASE TAKE NOTE OF THE FOLLOWING

- To ensure the best possible experience, advance booking is essential. Please book by telephone or email.
- Please arrive 15 minutes before your appointment.
- If you have booked a pedicure, please bring sandals or flip-flops that are easy to slip on after your treatment so that your polish is not damaged.
- Towels and robes will be provided.
- Packages that include an alcoholic beverage may be served with a non-alcoholic alternative. Alcohol is served only to guests aged 18 and over.
- All massages, facials and spa packages may be booked as individual treatments or as couple treatments.
- Vergenoegd L  w Spa cannot accept liability for the loss of personal belongings. Please keep valuables in a secure place.



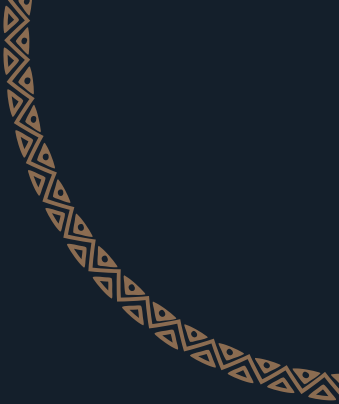


PAYMENT AND CANCELLATIONS

- We accept cash and credit or debit card payments. Vergenoegd Löw Boutique Hotel residents may add spa treatments to their room account and settle on check-out.
- Cancellations made within 12 hours of the scheduled treatment, as well as no-shows, are subject to the full treatment fee.

OPERATING HOURS

- Tuesday - Saturday: 09:00 - 17:00
- Sunday: 09:00 - 14:00
- Monday: Closed
- The Spa is closed on 1 and 2 January, and on 24 and 25 December.



CONTACT US

Telephone: +27 (0)21 204 3046

Email: reservations@vergenoegd.co.za

Vergenoegd Löw The Wine Estate

1 Vergenoegd Road, Somerset West

Off R310, Stellenbosch Wine Route



THE EUROPEAN
HERITAGE PROJECT



We are a member of the pedigreed portfolio of European
Heritage Project privately-owned luxury properties in
Germany, Austria, Italy and Malta.
